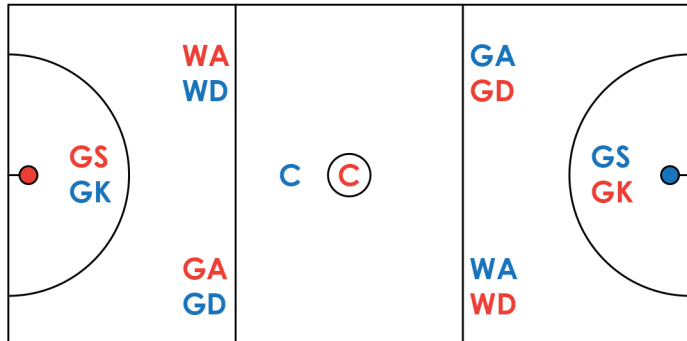




Positions and Zones



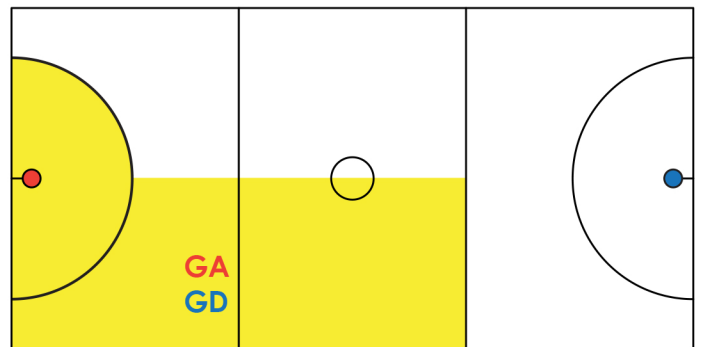
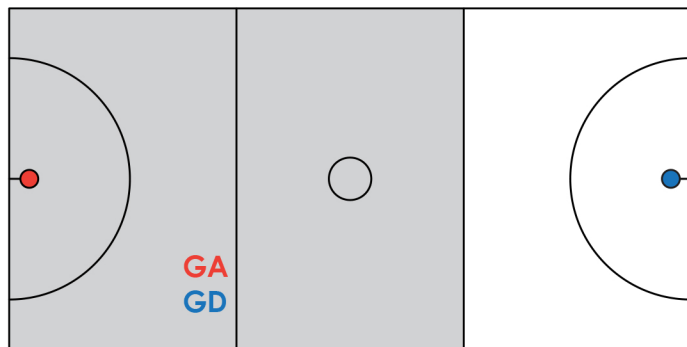
“JUMP”

Don't forget to jump for the rebound, and chase any loose balls.

Go ahead ... **JUMP!!**



GA Goal Attack



The **Goal Attack** plays in the attacking goal third and the centre third.

As **Goal Attack** you work with the Wing Attack to get the ball from the centre at the centre pass and get it into the goal third. You then work with the Goal Shooter in the goal circle, making leads and getting into the best position to shoot goals.

If you or the Goal Shooter miss your shot at goal, you jump up and get the ball. This is called getting the rebound.

Your opposing player is the **Goal Defence**.

If the opposing team has the ball, you stick like glue to the Goal Defence, using your defending skills against them.

GA Super Zone

GA Boundary Throw In - - - - -

GOAL ATTACK at a glance:

- **GA** plays in the centre third and the attacking goal third.
- The **GA** super zone is where you mostly play your game.
- **GA** never goes into the opposition's goal third.
- **GA** stays in or not far from the goal circle when the ball is in our goal third.
- **GA** works with the **GS** to shoot goals.
- **GA** jumps for and chases all rebounds.
- **GA** needs to be on the inside of the **GD** at the centre pass.
- **GA** must try to break free from the **GD** and be ready to receive the centre pass, dodge if you need to.
- **GA** never takes the free pass outside of the goal circle.
- **GA** never takes the boundary throw-ins.